



## **Intent**

At Northowram Primary School, PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up. Our curriculum allows children to acquire the knowledge, skills and cultural capital that they will need to become well-educated citizens of the future. RSE is vital in ensuring all young people have the opportunity to explore and learn about healthy relationships. RSE projects allow them to fully understand what relationships are, who they have them with and what the qualities of a healthy relationship look like. Through these lessons, and all others, we encourage our children to become robust and respectful learners who can thrive and flourish in different environments where the experiences they have from our school will be a pocket of learning to dip into for the rest of their lives.

Our intent for PSHE is that it underpins our whole school approach to learning and helping grow mature and resilient learners able to face the multiple challenges of modern life, including the virtual world. The subject leader, Amy Dennison, ensures that the curriculum is adhered to, is taught well and the children are 'learning' and understand the importance of the subject through book looks, work scrutinises and pupil voice, where children talk about key aspects of their learning as well their views upon the content of their lessons.

## **Implementation**

To ensure our pupils are taught consistently to a high standard, we use Kapow's PSHE and RSE Schemes of Work. The scheme aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. Kapow Primary's RSE/PSHE scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. The scheme also covers wider PSHE learning, in line with the requirement of the National curriculum (2014) that schools 'should make provision for personal, social, health and economic education (PSHE).' Children's learning through this scheme significantly contributes to their personal development as set out in the Ofsted Inspection Framework and promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty.

The Kapow Primary scheme is implemented through a whole school approach that consists of five areas of learning: Families and relationships, Health and wellbeing, Safety and the changing body, Citizenship and Economic wellbeing. Each area is revisited every year to allow children to build on prior learning. The lessons also provide a progressive programme. The lessons are based upon the statutory requirements for Relationships and Health education, but where our lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association's Programme of Study which is recommended by the DfE. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme. The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In each year group, an introductory lesson provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment. All lessons include ideas for scaffolding to stretch the most able learners and give additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and

current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in. From years 1 to 6, the children record their work from lessons in work books. In the early years, work, where appropriate is recorded and is kept in work folders, in floor books or uploaded to their learning journeys.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The curriculum provides consistent messages throughout the age ranges including how and where to access help.

### **Impact**

Children at Northowram Primary School will foster well-being and develop resilience and character to be happy, successful and productive members of society. Pupils will have met the objectives set out within the Relationships and Health Education statutory guidance and will, by the end of Key Stage 2, be able to utilise their learning within their daily lives, from dealing with friendship issues to making healthy choices and knowing where and one to get help when needed.

By the time children leave us they will:

- demonstrate kindness and respect towards themselves and others.
- have the courage and ability to try new things, challenge themselves and persevere.
- take responsibility for their actions.
- have a good understanding of how to stay safe, healthy and how to develop good relationships.
- have an appreciation of what it means to be a positive member of a diverse, multicultural society.
- demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
- be on their journey preparing them for life and work in modern Britain